

Monday Night Floor Hockey for Dads

9PM- 11PM

**Ag-Rec Building
32470 Haida Drive**

Drop-in / no cost

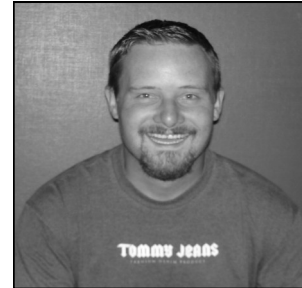


Meet the Abby Dads Staff



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Jeff

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Raj

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English & Punjabi
language



Bret

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Funded by



For more information call the office at : 604.850.7303



PROGRAMS FOR DADS

For any man who is
expecting, who is a Dad,
or who is called 'Dad.'

ABBY DADS

ਇਹ ਪ੍ਰੋਗਰਾਮ ਖਾਸ ਕਰਕੇ
ਪਿਤਾਵਾਂ ਵਾਸਤੇ ਹੈ ।

Phone: 604.850.7303 ext.3

www.abbydads.ca

DADS & KIDS TOGETHER

My Daddy and Me

Free breakfast drop-in
and playtime
for dads and their kids under 6
Saturdays 9AM to 11AM

*"when the going gets tough the tough
go for breakfast"*

At the New Beginnings Daycare
At WJ Mouat Secondary
32355 Mouat Drive, Abbotsford

(in the white portable next to the soccer fields)

Funded through  **SUCCESS BY 6**
Helping all children succeed for life.



Dads and Kids at Play

Drop-in and play for
dads and their kids 5 to 12 yrs
\$3.10 per child
Dads are free!

Forts

Relay Races
Bouncy Castles
Board games
Hockey games
Dodgeball

Mondays 6 to 7:30 PM at
Abbotsford Rec Centre
McMillan and Old Yale Rd

Offered in partnership with
Abbotsford City Parks and Recreation

Legal Info for Separated or Divorced Parents

2 hour evening sessions offered
throughout the year for parents wanting
more info on how the Family Justice
System works.

Anger Awareness Groups For Dads

Everyone gets angry ... Dads are no
exception

Level 1 - Anger & Me

Level II - My Anger and Others

Level III - Anger, Goals, & Discipline

Individual Support

Male staff are available to talk to
and provide referrals.

For more info about any of these
programs call the office at

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